



My Health My Journey; This is my Story

Thank you for sharing your health journey with us.

The aim of the Red Deer Primary Care Network’s (RDPCN) My Health My Journey campaign is to inform and inspire others about our innovative programs, and the success realized by people using these programs.

Your story will be shared with the public on the RDPCN website and social media and/or in the Community Impact Report. *The phone number and e-mail below would **only** be used to contact you to discuss details of your story.*

Complete this form and submit one of the following ways: email to info@rdpcn.com, fax to 403.343.9580, or drop off at the Red Deer PCN Main Office 5120 47 St., Red Deer.

NAME: _____
Only your first name will be used

Phone: _____

Email: _____

Best Way of Contact: Phone Email

Best Available Time: _____

Your signature below gives consent to the following:

- Communicating with an independent contractor who may ask further questions to compose your story.
- RDPCN to publish your story on the RDPCN Website and other promotional publications.
- RDPCN to arrange for a picture to be taken of yourself OR you send in one to be used on the RDPCN website

Participant Signature

Date

Please share your story by completing the following:

1.0	Which service/workshop did you access?
2.0	What was your reason for attending?
3.0	What has changed since you started the program?
4.0	Comments about your health care professional(s):

Thank you!