

<b>Name</b>	<b>Website</b>	<b>Contact</b>	<b>Day</b>	<b>Time</b>	<b>Notes</b>	<b>Area</b>
<i>Central Alberta Mountain Club</i>	<a href="http://camchiking.ca">camchiking.ca</a>	<a href="mailto:admin@camchiking.ca">admin@camchiking.ca</a>	Saturday or Sunday		Hiking club. See online schedule for meeting locations	Various
<i>Gaetz United Church</i>	<a href="http://gaetzunitedmemorialchurch.ca">gaetzunitedmemorialchurch.ca</a>	403-347-2244	Monday	9:15 am	See schedule for meeting locations	Downtown
<i>Red Deer Area Hikers</i>		Mavis at 403-343-0091 or Sharon at 403-340-2497	Thursday	9:00 am	For people with walking/hiking experience. Schedule on Red Deer Area Hikers Facebook Page	Trails in Red Deer and area
<i>Red Deer Ramblers</i>	<a href="http://reddeerramblers.com">reddeerramblers.com</a>	<a href="mailto:rdramblers@gmail.com">rdramblers@gmail.com</a>	Saturday	Various	Hiking club. See online schedule for meeting locations	Various
<i>The Hardy Walkers</i>		Joan 403-342-4102 or Lillian 403-346-3201	Wednesday	1:00 pm	Meet at Golden Circle. Usually stop for refreshments, bring cash if you want.	City Trails
<i>Red Deer Culture Club- Walk for your health</i>	<a href="https://www.meetup.com/Red-Deer-Culture-Club/">https://www.meetup.com/Red-Deer-Culture-Club/</a>	No contact. Sign up on website to see weekly walking event information	Wednesday	5:30 pm	Check website for weekly location	City Trails
<i>Red Deer Primary Care Network</i>	<a href="http://www.reddeerpcn.com">www.reddeerpcn.com</a>	403-343-9100	Thursday	11:00 am	Meet at top of stairs. Washrooms, elevators and rest areas available	Servus Arena