

## **Low Risk Maternity Care - Centralized Referral Process**

**If your pregnancy is less than 20 weeks gestation and is a low risk pregnancy,  
you will be connected with a prenatal clinic through this program.**

- If the date of your last menstrual period date is unknown, a dating ultrasound must be ordered and completed prior to placement for prenatal care.
- You can request a particular clinic for prenatal care, however, it cannot be guaranteed.
- You are not able to request a specific physician *or* a specific gender of physician.

### **What is the referral process?**

1. Physician will generate a Low Risk Maternity Care Referral for you to receive prenatal care.
2. The referral is received by the Red Deer Primary Care Network, who will place your referral with a clinic currently accepting prenatal patients.
3. The Prenatal clinic will contact you to arrange an initial prenatal appointment. You can expect the clinic to call you within 1-2 weeks after your referral was submitted. Your initial first trimester prenatal appointment is usually booked for 9-12 weeks gestation.

While waiting for your initial prenatal appointment,  
you can find credible information regarding pregnancy online:



<https://reddeerpcn.com/pregnancy-and-baby/>

If you have any questions regarding this referral process,  
please contact the Red Deer Primary Care Network at 403-343-9100.